



Nutrition Tip: Drink water! Sip water or other drinks with few or no calories to stay hydrated and help maintain a healthy weight. Keep a water bottle in your bag or at your desk to satisfy your thirst throughout the day.

Reference: USDA MyPlate



BREAKFAST

MONDAY



NO
SCHOOL

04

Breakfast Bake
Yogurt & Granola
Peaches
Juice/Milk

11

Cereal
Combo Bar
Banana
Juice/Milk

18

French Toast
Sausage Patty
Orange
Juice/Milk

25

TUESDAY



NO
SCHOOL

05

Blueberry Muffins
Yogurt & Granola
Apple Slices
Juice/Milk

12

Breakfast Burrito
Strawberries
Juice
Milk

19

Breakfast Casserole
Yogurt & Granola
Apple Slices
Juice/Milk

26

WEDNESDAY



Chicken Biscuit
Hash Brown
Yogurt & Granola
Pineapple, Juice/Milk

06

Fruit & Pancake Bake
Yogurt & Granola
Pears
Juice/Milk

13

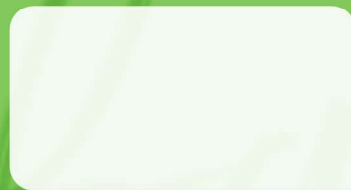
Nutella Banana
Oatmeal Bars
Pineapple
Juice/Milk

20

Breakfast Pizza
Pears
Juice
Milk

27

THURSDAY



Biscuits & Gravy
Yogurt & Granola
Banana
Juice/Milk

07

Biscuits & Gravy
Yogurt & Granola
Applesauce
Juice/Milk

14

Biscuits & Gravy
Yogurt & Granola
Banana
Juice/Milk

21

Biscuits & Gravy
Yogurt & Granola
Applesauce
Juice/Milk

28

FRIDAY

NO
SCHOOL

01

Bacon, Egg, Cheese
Croissant Bake
Grapes
Juice/Milk

08

Sausage, Egg, Cheese
English Muffin
Oranges
Juice/Milk

15

Ham & Cheese
Croissant Bake
Strawberries
Juice/Milk

22

Fresh Fruit Crepes
Yogurt & Granola
Peaches
Juice/Milk

29



All meals include a choice of 1% white or chocolate milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply shortage.

AUGUST 2025



August is National Peach Month! Toss sliced peaches in a salad, layer in a yogurt parfait or simply have sliced peaches as a side dish.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**NO
SCHOOL**

01

**NO
SCHOOL**

04

**NO
SCHOOL**

05

Beef Stew
Cornbread
Broccoli
Blackcherry Ice Cup
Milk

06

Popcorn Chicken
Mashed Potatoes w/Gravy
Green Beans
Oranges
Milk

07

Walking Tacos L,T,C
Brown Rice / Ranch Beans
Carrots / Celery
Pears
Milk

08

Spaghetti
Breadsticks
Cauliflower / Broccoli
Applesauce
Milk

11

Chili Dogs
Sweet Potatoes
Okra
Pears
Milk

12

Chicken & Gravy
Mashed Potatoes
Carrots / Roll
Apple Slices
Milk

13

BBQ Chicken
Blackeye Peas
Green Beans / Roll
Mixed Fruit
Milk

14

Taco Soup
WG Chips
Cucumbers
Pineapple
Milk

15

Baked Potato
Ham / Roll
Cauliflower / Broccoli
Pears
Milk

18

Frito Chili Pie
Brown Rice
Carroteenies / Celery
Strawberry Ice Cup
Milk

19

Meatloaf
Au Gratin Potatoes
Green Beans / Roll
Apples
Milk

20

Sub Sandwiches L,T,C
Sweet Potato Fries
Corn
Oranges
Milk

21

Chicken Fajitas
Brown Rice
Ranch Beans / Carrots
Mixed fruit
Milk

22

Pulled Pork / Hawaiian Roll
Yams
Cucumbers
Peaches
Milk

25

Smokies / Roll
Mac'N'Cheese
Peas / Broccoli
Pears
Milk

26

Beef Tacos L,T,C
Brown Rice
Ranch Beans
Pineapple
Milk

27

Lasagna
Garlic Bread
Green Beans / Corn
Oranges
Milk

28

Salisbury Steak
Brown Rice
Carrots / Celery
Apples
Milk

29



All meals include a choice of 1% white or chocolate milk.
This Institution is an equal opportunity provider.
Menu is subject to change due to supply shortage.

AUGUST 2025